

ATTENTION: MILITARY MEN CURRENTLY IN TRANSITION AND/OR VETERANS

Have you been looking for help and direction but getting very slow or no response?

Project Help has a program just for you, coming in January 2023

A peer to peer support group offering a safe place to:

- Connect with other veterans
- Have open discussions, share experiences & problem solve
- Make new friends and help each other navigate the hurdles of life after service
- Meet and learn from other veterans who have successfully transitioned



